

EAST MEETS WEST POLE EVENTS

Pole-Am Competition Guidelines

General Guidelines

- Must be 18 to 34 (34 on competition day) to apply
- Must be female
- Must have no current or past titles
- No shoe requirement.
- No vulgar lyrics in music or offensive movements during performance. This will result in immediate disqualification.
- Dress code applies: no thongs or other overly revealing clothing. Once selected, if you have questions, please contact organizers for details.

Application Guidelines

- Deadline for entry is midnight June 1, 2010. Please complete application and send via e-mail or postal service. **Please note:** written application **and** video submission must be received by midnight, June 1, 2010 to be considered. We will not accept entries after midnight June 1, 2010.
- Incomplete applications will not be accepted.
- Video submissions should be no longer than 2 minutes in length and should include spins, inverts, and holds. Use this opportunity to show us your individual style but note, that unique and/or technically difficult routines will be chosen. Applicants can use YouTube, Facebook, e-mail or send a cd with submission.
- Notification will be 2 months prior to competition and competitor information will be sent at that time.
- Applicants who are chosen to compete will receive consent to compete contract. Once signed, if competitor fails to show for competition, there will be a monetary fine.
- Props and removal of clothing will be discussed on a case to case basis.

Areas to be judged:

Technical:

Pole Technique

- Spins, holds, transitions
- Level of difficulty
- Execution of moves (fluidity, control)

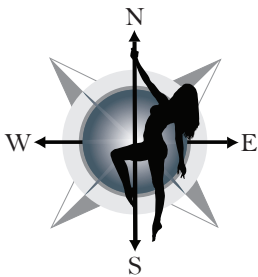
Artistic:

Musicality

- Creativity of choreography (using accents, matching style of dance to style of music)
- Originality of song choice
- Creativity of overall performance

Showmanship

- Stage Presence (engaging the audience, entertainment value)
- Body Awareness (positioning, clean and extended body lines, styling of hands, pointing of feet)
- Appropriate dress



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Pole-Am Competition Application

Contact Information

Name _____

Birthdate _____

(must be 18-34yrs old on event day)

Address _____

Telephone _____

e-mail _____

Tell us a little about yourself: _____

Link to your video submission: (please keep submissions to 2 minutes in length) _____

I have read and understand the guidelines for competing in the Pole-AM competition and consent to have my video submission viewed by organizers of the event. I also recognize if chosen for this competition, I will be given a consent to compete contract. Failure to compete will result in a monetary fine payable to East Meets West Pole Events.

Signature _____

Date _____